

While you were pregnant, a relative offered to come help during labor. You said yes because you didn't want to hurt her feelings. Now that you're in active labor, she's making you crazy, and you cringe when she touches you. What should you do?

You're 6 days past your due date, and ready for baby to arrive. The doctor offers induction. What do you ask?

Mom's been in labor for 6 hours. Contractions have been 5 minutes apart and 1 minute long for an hour now. She says they're hurting, but she is relaxed between contractions, and can walk and talk during contractions. What do you do?

You're uncomfortable with the nurse who has been assigned to you. She doesn't seem to value your opinion, or respect your choices about your labor. What do you do?

At 6:00 last night, you started noticing contractions. They happen every 15 or 20 minutes. You also had loose bowel movements. You didn't sleep well. Now it's 10:00 am and contractions are still 15 minutes apart. What do you do?

When active labor began, you went to hospital. When you arrive, contractions get WAY more intense. Mom demands an epidural, but then when they start to prep her for it, she suddenly stands up, saying she needs to go to the bathroom. What might this mean? What do you do?

It's the middle of the afternoon, dad's at work, mom's at home, feeling fine. Then, suddenly contractions start: they're very intense and only about 3 minutes apart, and lasting 1 minute long. What do you do?

You're 35 weeks pregnant, and start having contractions that start in your back, then wrap around to your lower belly. What do you do?

Your labor began with contractions that start in your back, then wrap around to your lower belly, but had a nice pattern of contraction (ctx), pause, ctx, pause. Now you notice that you're getting back-to-back contractions, where it goes ctx, ctx, pause-pause, ctx, ctx, pause-pause. What should you do?

With every contraction, you feel pressure on your lower back, and it hurts.

What does this mean?

What can you do to encourage your labor pattern to change?

What comfort measures will help with this back pain?

You've had a long early labor. Now you've been pushing for two hours, and still no baby. You're exhausted and discouraged. Doctor offers cesarean. What do you say?

You've been drinking water throughout labor. You threw up once earlier. Nurse recommends IV to prevent dehydration. What do you say?