

Fetus

3. Baby gains immunities, stores iron, gains weight, fat, strength.

1. Baby's lungs mature
Baby sends hormone signals that he's ready

Pre-Labor Events

1. Baby turns head down and engages in pelvis.

3. Pre-Labor Signs

- Nesting urge
- Soft BM's
- Bloody show
- Non progressing contractions

2. More prostaglandin softens cervix

Labor Events

3. Baby rotates

1. Progressing contractions (longer, stronger, closer together)

2. Cervix dilates
Membranes rupture

1. Baby descends

2. Mom pushes

3. after birth, placenta separates

B
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H

Mother and

Uterus

1. Mom starts making breastmilk (colostrum)

3. Hormones lead to More vaginal mucus
More sensitive to oxytocin = more Braxton-Hicks

Placenta and

Membranes

2. Placenta lets mom's immunities cross over to baby.

2. Placenta converts hormones to estrogen and progesterone